

Endo Update 2019



Department of Endocrinology
ST JOHN'S
Medical College and Hospital
NATIONAL ACADEMY OF HEALTH SCIENCES



Sreechitra Laxmi Memorial Hall

ENDO 
UPDATE 2019
FOCUS ON ADRENAL

BANGALORE

The Garden City
of India

Endo Update 2019

"Endo Update 2019 – Focus on Adrenal" was held at Bangalore, India. It was organized by of CME Foundation of India (CMEFI) in collaboration with St. John's Medical College and hospital, National Academy of Health Science.

The sole objective of the Endo Update 2019 – Focus on Adrenal was to bring leading KOLs of Endocrinology and Consulting Physician on one platform and discuss their clinical experiences and expertise in the management of Endocrine disorders and its complication.

The Introductory speech was given by CMEFI. He emphasized the main role played by CME Foundation of India and how important it is to spread the knowledge known to select few to the practicing Doctors at large.

Date	:	24th-25th August 2019.
Venue	:	Conrad, Bangalore.
Total Participants	:	281

TOPICS:

1st Day, 24th August, 2019

- Oral Presentation by Postgraduates

Master Plenary Session I –

- Enigma of the Adrenal SHH Progenitor
- Childhood Cushing – when to suspect and how to approach
- Subclinical Cushing Syndrome
- Enigma of remission in Cushing's Disease: A new Paradigm
- Q and A Session

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Master Plenary Session II –

- Diagnostic Challenges in Cushing's Disease
- Iatrogenic Cushing
 1. Strategies for HPA axis recovery
 2. Newer molecules and tools
- Factors determining choice of therapy in persistent Cushing's disease
- Cushing's Disease and Radiotherapy
- Q and A Session

2nd Day, 25th August, 2019

Master Plenary Session III -

- Primary Aldosteronism – what is new and clinically relevant
- Adrenocortical Carcinoma:
What's New Today?
Where is Hope Tomorrow?
- Approach to adrenal incidentalomas
- Q and A Session
- Poster Presentation/ Oral Presentation Awards.

Master Plenary Session IV –

- Challenging Adrenal Masses
- Recent advances in genetics, diagnosis, localization, and treatment of pheochromocytoma: Clinical relevance in resource limited settings
- Congenital Adrenal Hyperplasia: Adults Pregnancy
- Q and A Session
- Vote of thanks

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FACULTIES

International Speaker:

- Dr. Gary D. Hammer
- Dr. Constantine A. Stratakis
- Dr. Massimo Terzolo
- Dr. Jerome Berthrat

Indian Speaker:

- Dr. Vagesh Ayyar
- Dr. Nalini Shah
- Dr. Salil Kumar Pal
- Dr. Ganapathi Bantwal
- Dr. Rakesh Sahay
- Dr. S K Sharma
- Dr. Rama Walia
- Dr. Bipin Kumar Sethi
- Dr. Milind Patwardhan
- Dr. Biplab Bandhopadyay
- Dr. Anil Bhansali
- Dr. Uday Phadke
- Dr. Mala Dharmalingam
- Dr. Tushar Bandgar
- Dr. R N Malhotra
- Dr. N K Agarwal
- Dr. Nihal Thomas



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Summary of CME

- The CME was conducted at Bangalore, India. It was aimed to bring together the well-known Endocrinologists and General Physician across India in order to discuss various clinical aspects in the management of endocrine disorders and its complication.
- In this CME, different topic related endocrine disorders such as Adrenal SHH Progenitor, Cushing – when to suspect and how to approach, Subclinical Cushing Syndrome, Enigma of remission in Cushing’s Disease : A new Paradigm, Diagnostic Challenges in Cushing’s Disease, Iatrogenic Cushing, Factors determining choice of therapy in persistent Cushing’s disease, Cushing’s Disease and Radiotherapy, Primary Aldosteronism – what is new and clinically relevant, Adrenocortical Carcinoma, Approach to adrenal incidentalomas, Challenging Adrenal Masses, Recent advances in genetics, diagnosis, localization, and treatment of pheochromocytoma: Clinical relevance in resource limited settings and Congenital Adrenal Hyperplasia: Adults Pregnancy were discussed in this event followed by panel discussion by the expert.
- Different cases were explained to the audience and the whole case was open for discussion. Audience actively participated in the discussion regarding complication of endocrine disorders and its management. It was a very interactive session and the delegates thoroughly enjoyed it.
- Participants were keen to share their experience and knowledge and they also provided their critiques and recommendations on the event.

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PHOTOS



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